











# BREKKIE IDEAS FOR SCHOOL

## Will your school serve an “outstanding” breakfast?

-  **Breakfast Club** – no time to eat first thing? Get up and bring your brekkie to school.
-  **Great British Breakfast Bake Off** – Everyone brings in their best brekkie dish. Judge the best and everyone reaps the rewards.
-  **The all-day breakfast** - How many breakfast goods can you eat in a day? Swap your sandwiches for scrambled eggs for lunch. Change your chocolate biscuit for a muffin or croissant.
-  **Breakfast With The Head** – turn the hierarchy upside down and get your headteacher and their team to serve, cook or clear up from your Great British Brekkie!
-  **To Your Plate** – learn all about where your traditional breakfast items come from, from the pork sausage in your fry up to the tea leaves in your teapot.
-  **Breakfast games** – get your pupils to race their classmates in a traditional egg and spoon race, set up a tomato coconut shy or see how high they can toss a pancake?
-  **Science breakfast** - Make an egg translucent - Soak an egg in vinegar overnight it will become translucent. You can then shine a laser light through it and get the yolk to move around inside.
-  **Arty breakfast** – use our egg templates to create egg-citing designs to display.
-  **Balance breakfast** – get your class to balance on a box of 12 eggs without breaking them
-  **Man VS Egg** - try to squash an egg between your thumb and finger by holding the top and bottom of the egg – bet you can't do it.

Think your Brekkie event is simply the best why not let us know on [greatbritishbrekkie@winstonswish.org.uk](mailto:greatbritishbrekkie@winstonswish.org.uk) or Facebook, Tweet or Instagram @winstonswish your brekkie snaps!

For more information please visit [www.greatbritishbrekkie.org.uk](http://www.greatbritishbrekkie.org.uk)

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