











BREKKIE IDEAS FOR HOME

Let's cook up a storm in the kitchen....

-  **Sleepy Heads Brekkie** – go on, have a lie in and kick off your weekend with a classy champagne brunch or a manly all day breakfast.
-  **Science breakfast** - Make an egg translucent - Soak an egg in vinegar overnight it will become translucent. You can then shine a laser light through it and get the yolk to move around inside.
-  **Balance breakfast** – get your friends and family to balance on a box of 12 eggs without breaking them.
-  **Man v Egg** - try to squash an egg between your thumb and finger by holding the top and bottom of the egg – bet you can't do it.
-  **Right British Brekkie** – go all royal with your breakfast and dine like a King or Queen.
-  **Brekkie Hamper** – Raffle off a blooming marvellous brekkie basket.
-  **Rule Britannia** - come over all patriotic and see how many breakfast items your guests can bring that are red, white or blue.
-  **Brekkie Boost** – fancy a health kick with your fundraising? Why not get everyone to bring their favourite fruits and get your 5 a day with a breakfast smoothie.
-  **Breakfast games** – race your friends and family in a traditional egg and spoon race, set up a tomato coconut shy or see how high can you toss your pancake.
-  **Are You Brave Enough** – take your challenge to the next level.....
Challenge yourself to a bath of baked beans or squash tomatoes with your feet!

Think your Brekkie event is simply the best why not let us know on greatbritishbrekkie@winstonswish.org.uk or Facebook, Tweet or Instagram @winstonswish your brekkie snaps!



Winston's Wish
the charity for bereaved children

For more information please visit www.greatbritishbrekkie.org.uk